Esthetics

Exam

The Cosmetology Provincial Exam consists of

- Practical phase on a live model
- Written phase – 2 papers: 1) Theory & 2) Infection Control/Bacteriology

Students will be evaluated on professional image, posture and ethics in addition to their written and practical phases

Equipment and Supplies

All equipment and supplies required to demonstrate the various applications set out in the exam are the responsibility of the exam participant to provide (unless otherwise stated in this document)

Practical

- Approximately 3 1/2 Hours
- Set up all Stations: Make-up, Pedicure, Waxing, Facial
- One model only
- Model will be required to participate in all practical phases
- Models cannot be Make-up Artists, Nail Technologists or Estheticians or students in Make-up, Nail Technology or Esthetics
- Models must be 16yrs or older

Time limit for each phase

- 30 mins set up
- 30 mins make-up
- 60 mins pedicure
- 30 mins waxing
- 60 mins facial

All examined phases are based on the procedures and content taught from the appropriate Milady’s or Pivot Point texts.

1. Make-Up Application - Time Limit: 30 Minutes

Model Preparation
The model must arrive at the exam with clean moisturized skin ready for make-up application.

Evaluation

- Patron Protection
- Cosmetics properly labeled
- Use of disinfected implements
• Hands sanitized
• Clean up and disposal of waste
• The position of the esthetician’s body and hands during application of makeup.
• Application of Makeup
• Smooth application of base Makeup
• Appropriate blending and use of foundation, mascara, eyeliner, eye shadow, brow definer, lipstick, lip liner, blush and powder
• Overall daytime look
• Timing
• Neatness & clean up

2. Pedicure - Time Limit: 60 minutes

A full pedicure on both feet will be performed.

Model Preparation
Models must arrive at the exam with:

• Nails pre polished with a dark color polish
• Nails long enough to be cut and shaped

Evaluation

Table Set Up

• Products correctly labeled
• Appropriate implements and products
• Waste disposal

Examination of Model’s Nails

• Nail length
• Work to be done

Pedicure Procedures

• Soaking the feet
• Polish removal
• Clipping nails
• File nails
• Foot file
• Cuticle oil
• Push back cuticles
• Nipping cuticles
• Drying the feet
• Apply massage lotion/oil

Foot Massage

• Must include massage steps from the approved Milady’s Standard Text or Pivot Point Text
• Flow of massage
• Pressure used

Completion of Pedicure

• Re-examine feet
• Cleanse nail
• Application of base coat, color, and topcoat (red or burgundy polish only)
• Removal of excess polish
• Timing
• Neatness & clean up

3. Waxing - Time Limit: 30 minutes

Model Preparation
The model must come with hair long enough to be waxed

Evaluation
Wax will be provided

• Waxing demonstration on bikini or underarm
• Both eyebrows

Patron Protection

• Supplies correctly labeled
• Proper draping
• Use of disinfected implements
• Sanitize hands
• Waste disposal and clean up

Waxing Procedure

• Examine area to be waxed
• Pre and post waxing skin prep
• Test temperature of wax
• Wax application and removal
• Tweezing
• End Result: area free of hair and wax residue
• Even shape
• Timing
• Neatness & clean up

4. Facial - Time Limit: 60 minutes

Patron Protection

• Products correctly labeled
• Appropriate draping of head and body
• Use of disinfected implements
• Sanitize hands
• Clean up and disposal of waste

Facial Procedure

• Removal of makeup
• Cleansing of face and neck
• Removal of cleanser
• Application of toner
• Skin analysis with magnifying lamp
• Exfoliation
• Positioning of steamer
• Extractions (looking or hand positions & pressure)

Facial Massage

• Use of sufficient massage cream
• Massage of face and neck
• Rhythm maintained
• Effective firmness
• Must include massage steps from the approved Milady’s Standard Text or Pivot Point Text

Completion of Facial

• Removal of Massage Cream
• Application and removal of mask (no clear colored masks)
• Protection
• Application of day cream
• Timing
• Neatness & clean up

Written Exam - Milady’s Standard Text or Pivot Point Text (Esthetics/Nail Technology)

Exam

The Cosmetology Provincial Written Exam consists of

• Written phase – 2 papers: 1)Theory & 2)Infection Control/Bacteriology

Written Exam may include but not limited to all or some of the following

• True and false
• Multiple choice
• Fill in the blank with word bank

Requirements

• Exam applicants must have a comprehensive understanding of Esthetics covered in their course outline and training from the respective registered School of Cosmetology in which they acquired their course of study
• There is a three-hour time limit to complete all written papers
• Students requiring an oral exam must request this on their student application form.
• Any amendments to this request must be received by the Cosmetology Association in writing no less than 60 days prior to the scheduled exam.
• Oral exam requests must be accompanied by appropriate supporting documentation (learning disabilities, English as a second language etc.)

Exam Results
• Please allow 4-6 weeks for exam results
• Exam results will be mailed out
• Exam results will not be discussed over the phone

For any Questions please call or email:

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